

PHILANTHROPY AND YOUTH PROJECT FOCUSES ON CRISIS AND CRISIS PREVENTION

The Philanthropy and Youth (PaY) group at PRHS is focusing on crisis and crisis prevention this year. They are donating \$5000 to nine different nonprofits in our area. During the month of April, they collected hygiene items to create “comfort kits” which included items such as shampoo, conditioner, deodorant, feminine products and soap.

Nanette Hill Albright, Lauren Siebels and Miriah Robles are advisors for the group.



The students have also had the opportunity to present to various groups about their project (as shown in photos above).

“Triple A” Award recipients

Article excerpts and photo
courtesy of The Pelican Rapids Press



Earning AAA honors for excelling in arts, athletics and academics at Pelican Rapids High School are Kaylie Isaman and Hayden Christenson.

The purpose of the high school league program is to recognize and honor high school seniors who have excelled in the classroom, on the

athletic field, and in the fine arts.

“Triple A” Award recipients are selected through a multilevel process involving member schools of the League, the League’s administrative regions, and a special committee of educators, business leaders, and members from the fine arts and athletic communities.

Nominations are limited to two qualifying students per school—one male and one female.

Kaylie believes that athletics, arts, and academics each have their own role to play in making her a better person, but all three share a few major contributions to shaping her.

“If you want to be good and become recognized in athletics and arts, you need to work hard. The leads of the play and the starters of the team aren’t just given that position, they work hard for it,” wrote Isaman. “People on the honor roll don’t just get that recognition for nothing. They work hard and study. If you work hard for something in life, you will be successful.” Isaman, who scored more than 1,000 points for the Pelican Rapids Lady Vikings basketball team, earned an academic and athletic scholarship at Dakota Wesleyan in Mitchell, South Dakota, where she will be playing basketball.

In addition to a high GPA, Hayden has earned other academic achievements—including a ranking at the very top of his Class of 2019. He expects to have earned 22 credits from taking college level courses by the time he graduates from PRHS in May. He plans to attend North Dakota State University where he will be studying engineering.

He has received numerous awards in athletics, arts, and academics including (but not limited to) being on the ‘A Honor Roll’ every quarter since 7th grade, attending the Tri-College Math competition every year in high school, and earning Academic All State honors for football his senior year. He has also received numerous awards/honors in athletic areas for football, basketball, and baseball. *The full article about these two outstanding students can be found in the March 27, 2019 issue of The Pelican Rapids Press.*

PRHS Viking News Network Midwest Emmy Student Production Award Winner!

By Kathryn Anderson, Mass Communications Teacher

In late April, the Midwest Emmy Association held the student production awards. PRHS Viking News Network was nominated for two crystal pillar awards, and we won one!

Congratulations to Colm Fitzsimmons and Zane Brosowske on their story Spooky Basement. I can’t stress enough how big this honor is and how tough the competition is. Now that they won from the Academy of Television Arts and Sciences Upper Midwest Chapter, they are automatically submitted to the national contest.

Viking News Network episodes can be found on the district website: www.pelicanrapids.k12.mn.us.



SMILE@vikes.us

Send us your photos, stories
and videos of special moments
in our school and community!

Inside this issue



Viking Elementary News

Summer fun in Pelican Rapids!

Academic

Summer Rec

Youth Enrichment

Community Partnerships

Pelican Rapids High School News

District Strategic Plan

By Randi Anderson, Superintendent

It’s hard to believe that we are wrapping up another great school year. The month of May seems to come so quickly every school year. I know the students are excited for the sunny days of summer vacation. There are many activities between now and the last day of school on Thursday, May 23rd. The buildings’ staff will send updates as we go. If you have any questions, please contact your child’s teacher. High School Graduation is Friday, May 24th at 7:00pm. I wish the graduating class of 2019 a bright and successful future wherever their journey takes them.



We have had some wonderful celebrations and some very challenging times that once again demonstrated the strength of the community as we rallied together for the cause. The passion shared each day by our community strengthens our education platform for our students.

We continued to develop the district’s Mission, Vision, Values and Beliefs. This work is the foundation for the development of the District Strategic Plan. We will hold a community input session on Wednesday, May 22nd at 7:00 pm at the high school media center. We hope to see you there. Below is the draft document.

Mission

The Pelican Rapids Public School district is committed to provide a variety of high quality academic, arts, and athletic programs in a unique rural setting.

Vision

Pelican Rapids Public Schools prepares students to be leaders of their own future.

Values

- Character
- Collaboration
- Communication
- Critical Thinking
- Relationships
- Resilience

Belief Statements

We believe:

- students are our top priority.
- education is a partnership between student, family, school and community.
- our highly qualified staff provide a positive and rigorous learning environment for academic excellence.
- our diversity provides students with a unique advantage.
- our students are prepared for career, college and lifelong learning.

As you journey into your summer months, I wish each student, family and staff member an awesome summer break. Like the school year, summer will go by fast! If your looking ahead, September 3rd will be the first day of school.

Thank you for being a positive partner and supporter of our school district during the 2018-2019 school year. We look forward to a great 2019-2020 school year! GO VIKINGS

Join us for a community input session



Pelican Rapids School District

*Mission, Vision,
Values and Beliefs*

**Wednesday, May 22nd
7:00-8:00pm**

PRHS Media Center (west door 8)

WE LEARN FOR LIFE!





Great things happening at Viking Elementary

By Dr. Ed Richardson, Principal

This is such an exciting time of year at The Viking Elementary School with celebrations of our students' greatness, DARE Graduation, field trips, 6th graders preparing to advance to the secondary school.

This year, our Schoolwide WIG was to master 15,000 math skills by May 4th. Our students exceeded our WIG by mastering 16,209 math skills. IXL is an app that allows students to work on math skills at her & his level. They are able to access IXL at school or home. Students mastered 9.4% of skills at home this year. Kudos to our students for making this goal. And, 'Thank You' to our staff and families for supporting our students. IXL may be accessed anywhere, anytime. This is a great app for students over the summer.

Once again, our Vikings who meet their reading goals will be in a drawing for 6 bikes presented by our local Masonic Lodge as part of the Bikes for Books Program in May.

I hope our students and families have the opportunity to take advantage of our Summer Rec offerings and Sharpen the Saw. Have a safe, enjoyable summer and Thank You for an AWESOME school year!

Communication

To keep up to date on goings on at school, try one or all of our many resources:

- **Website:** www.pelicanrapids.k12.mn.us
- **Facebook:** Pelican Rapids Public Schools
- **Twitter:** @VES_Principal (Dr. Richardson)



ARTIST HELPS WITH BRONZE BENCH PROJECT

By Kate Martinez, VES Art Instructor

Guest artist Tom Christiansen was at Viking Elementary last week to work with our 3rd-6th grade students. Our students have interviewed one community member about living in Pelican and are learning how to draw the side of their face.

Tom will continue to help them with their drawings and teach our students about metal casting.

Eventually 6 drawings will be selected to be cast into 3 bronze benches for downtown Pelican. He has been a practicing metal artist for over 40 years coming from Lutsen, MN. This was possible with a grant from the Lake Region Arts Council.



MAKING THE SCHOOL A BETTER PLACE

A group of 1st grade girls from Mrs. Seter's class chose to spend their recess cleaning up around the playground, and 2nd grade took 30 minutes out of their day picking up trash around our school. We are proud of these proactive leaders at The Viking Elementary School!



Elementary Track & Field Day

Friday, May 17 grades K-3

- Grade 1: 9:00-10:00am
- Kinders: 10:05-11:05am
- Grade 2: 11:10-12:10pm
- Grade 3: 1:15-3:30pm

Monday, May 20 grades 4-6

Chauncey Martin field starting about 9:15 - 9:30am

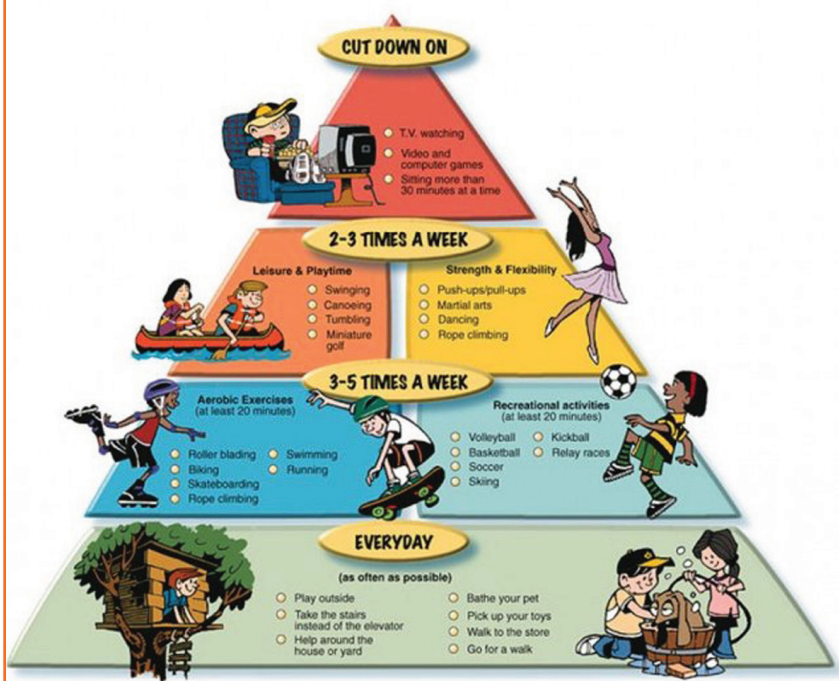
Super Fit Challenge Day

Wednesday, May 22 grades K-6

Chauncey Martin field 3:00-3:35pm

It's a fun afternoon of rotating every 3-4 minutes to a new fitness station and challenging themselves physically to not give up.

Parents are very welcome to come, watch and cheer from the football bleachers, but not be standing on the field due to the extensive number students having a blast participating!



Viking Elementary School Promise

I WILL speak up instead of acting as a bystander.

I CHOOSE to participate in activities that don't involve teasing.

I FORGIVE others if they make poor choices.

I MODEL good behavior.

I ACCEPT others for their differences.

I INCLUDE others in group situations.

I WILL talk to an adult when there is a problem I cannot manage on my own.

I AM powerful in making a difference in my school.

Common Sense Media



Digital Citizenship is the practice of using the internet and technology safely, respectfully and responsibly.

So how do we teach our kids to be good digital citizens? How do we talk to our kids about digital media? Common Sense Media (www.commonsensemedia.org) is a great resource for parents and educators.

Throughout the school year students will learn about being a good digital citizen through Common Sense Media Lessons.

School Census

If you have recently moved into the Pelican Rapids School District or had a baby, please let us know so we can add you in our school census. Contact Cherie Lynnes at 218-863-5910 ext. 6105 or clynnes@vikes.us

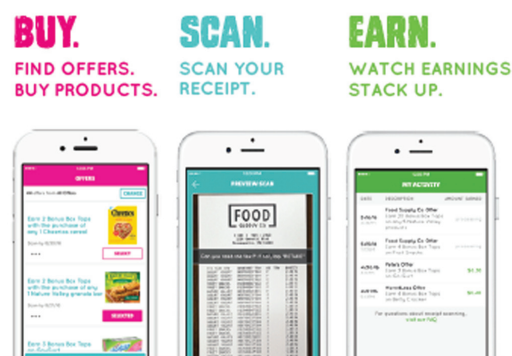
The Leader in Me™

great happens here

- School wide implementation of Stephen Covey's 7 Habits of Highly Effective People®
- Creates a culture of student empowerment based on the idea that *every child can be a leader*
- Teaches leadership & life skills to students
- Student Lighthouse Teams lead projects to 'make a difference' in the school and community

NEW BOX TOPS BONUS APP

Earn even more cash to help your school get what it needs through the Box Tops for Education® Bonus App. Turn your everyday receipts into cash for your school. It's free and as easy as 1-2-3. Here's how it works:



You can earn Bonus Box Tops in the Box Tops Bonus App in combination with the on-pack Box Tops clip and any other coupon, discount, store program or promotion.

DOWNLOAD THE APP TODAY!





Summer Programs 2019

It's that time of year again... school is almost done and summer planning begins!
We've added an on-line registration and payment option that we encourage you to try... visit our website at www.pelicanrapids.k12.mn.us and click on the 'Summer 2019' tab.
If you are in the area for the summer, you are more than welcome to join us!
We hope you have a wonderful summer!

Summer Splash Ages 3-5

This fun, educational time led by licensed teachers includes STEAM (science, technology, engineering, arts and math) curriculum and other age-appropriate activities, story time, and crafts.

Mondays & Wednesdays 10:30-12:30pm
(includes free lunch at 12pm)
 Summer Food Service Program

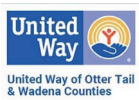
Session 1: June 3-June 19

Session 2: August 5-August 21

maximum participants: 40

Please register for this activity so we can plan our staffing

Funded by United Way of Otter Tail & Wadena Counties, Minnesota Early Childhood Initiative, and The Garrity Family Foundation which operates through the Dakota Medical Foundation



Connect with us on our Facebook page for additional summer opportunities and updates: **Club Vikes**



Club Vikes School-Age Childcare Program

Grades K-7 (2019-20 school year)

We respond to the needs of families by having a **safe and fun** place for your children to go during the summer. We also provide your children with the opportunity to attend **fun field trips**, such as the zoo, a movie, baseball games, Maplewood State Park, nursing home visits, and more!

Club Vikes Summer Hours

Monday-Friday 6:30am-6:00pm

Club Vikes will be closed on July 4th & July 5th

Location: Viking Elementary School

Cost

Contracted Care

\$25 (6 or more hours) or \$15 (less than 6 hours)

Drop-In Care

\$4/hr with a minimum of \$8 charge

**Child(ren) must be registered. You do not need to contract any days, you only need to give notice BEFORE you arrive. However, your child is not guaranteed a spot and will only be allowed to attend if there is enough staff to accommodate your child.*

For more information or to register your child contact:

Emily Evenson, Club Vikes Program Coordinator
 eevenson@pelicanrapids.k12.mn.us
 218-863-5910 ext. 5022 or 218-731-8439

Viking Student Success

Grades K-6 completed this school year

June 3rd - June 20th Monday-Thursday
8:00am-12:30pm

Summer learning will include hands on reading, writing, math and science activities such as STEM (science, technology, engineering, and math), coding, book clubs, journaling, nutrition and much more!

Location: Viking Elementary

Free breakfast, snack and lunch will be provided
 Summer Food Service Program

No transportation provided

Questions: call Marie Cupkie at 218-863-5910 x5269

Summer Food Service Program

The Summer Food Service Program will be available again for kids ages 1-18 this summer!

This program enables children to receive free, nutritious meals when school out for the summer.

This program is funded by the U.S. Department of Agriculture (USDA) and is administered by the Minnesota Department of Education (MDE), Food and Nutrition Service.



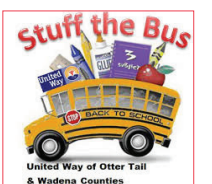
'Stuff the Bus'

applications due July 19

For many families, purchasing all the school supplies necessary for the start of the school year can be a challenge. Every year, **Stuff the Bus** helps families in need in Otter Tail County by gathering and providing backpacks and basic school supplies.

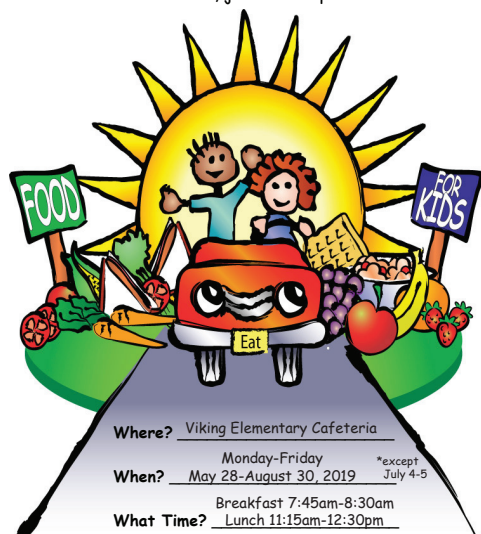
If you or someone you know is in need and would like to apply for school supplies this fall, fill out the **Stuff the Bus Application** and return to the school or mail to the address shown on the application (you can download it from the United Way website www.uwotc.org or the Pelican Rapids district website www.pelicanrapids.k12.mn.us click on Summer 2019 tab).

If you want to donate financially, with your time or with school supplies visit the **United Way website** www.uwotc.org or contact the United Way of Otter Tail & Wadena Counties office at (218)-736-3727 for more information.



Friends, Fun and Food!

Summer meals are available to all kids age 18 and younger at no cost. To eat, just show up.



Where? Viking Elementary Cafeteria

When? Monday-Friday
 May 28-August 30, 2019 *except July 4-5

What Time? Breakfast 7:45am-8:30am
 Lunch 11:15am-12:30pm

Sponsor Name: Pelican Rapids Schools ISD #548
Telephone: 218-863-5910 ext. 5022

Food That's In... When School's Out!

The USDA is an equal opportunity provider and employer.

Summer reading tutoring



Hi, my name is Angie! I am currently a reading corps tutor for K-3 Literacy at Vikings Elementary. I would love to continue tutoring during summer break.

If you feel your child could use help with Literacy or Comprehension, I am more than willing to work with any grade level. I have a very flexible schedule to work around any camps or summer events.

Pricing dependent on number of sessions a week and level of help needed.

Please contact me for more information at: athorson@pelicanrapids.k12.mn.us or at 701-429-1912.

4th Annual Valkyries Dance Team Youth Camp

June 13-15th For ages: 3 year olds - 6th grade



Each age group will learn a kick, a jazz, and a hip-hop routine; all choreographed by our own PRHS Valkyrie Dancers! The day will consist of learning routines, working on kick technique, jazz skills, ballet basics, tumbling, endurance, strengthening, stretching, and FUN!

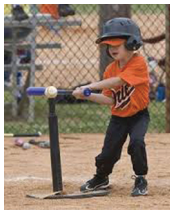
Watch for a registration flyer to be sent home from school with all of the details about this camp!!

Questions: Call Coach Emily Evenson at 218-731-9926 or email her at eevenson@pelicanrapids.k12.mn.us

Summer Recreation Activities June 3th - July 12th

T-Ball

Who: Boys & girls Pre-K to Kindergarten (minimum 4 yrs old)
When: Mon & Wed 11:00-11:30am
Where: Carr Recreation Field
Bring: Labeled glove
Fee: \$20.00 per participant



Rookie Baseball

Who: Boys & girls-completed grades 1-2
When: Mon-Thurs 10:00-11:00am
Where: Carr Recreation Field
Bring: Labeled glove
Fee: \$35.00 per participant



Knot Hole Baseball

Who: Boys-completed grade 3
Practices: Mon-Thurs 10:30-11:50am
Games: Mon & Wed at 12:30pm
Where: Chauncey Martin West Field
Bring: Labeled glove & game shirt (baseball pants optional)
Fee: \$50.00 per participant
fee includes bus transportation to games

Pee Wee Baseball

Who: Boys-completed grade 4
Practices: Mon-Thurs 10:30-11:50am
Games: Mon & Wed at 12:30pm
Where: Chauncey Martin East Field
Bring: Labeled glove & game shirt (baseball pants optional)
Fee: \$50.00 per participant
fee includes bus transportation to games

18U Fastpitch Softball

Who: Girls-completed grades 8-12
When: Tuesday nights (June 4-July 16, except July 2)
Where: TBD
Fee: no fee



BASEBALL LEAGUE

Little League (boys grades 5-6) & Babe Ruth Baseball are no longer part of the Pelican Rapids Summer Rec program. Please contact Amanda Guler at 651-503-2512 for Summer Baseball League information.

Ponytail Softball Grades 3-4 & 5-6

Who: Girls-completed grades 3-6
Practices: Mon-Thurs 10:30-11:50am
Games: Tues & Thurs 12:30pm
Where: Chauncey Martin East Field
Bring: Labeled glove & game shirt
Fee: \$50.00 per participant
fee includes bus transportation to games



Tennis

Who: Boys & girls-completed grades 3-7
When: 9:00-10:00am
Mon & Wed-Grades 3-4
Tues & Thurs-Grades 5-7
Where: Chauncey Martin Field
Bring: Tennis racket
Fee: \$30.00 per participant



Who: Boys & girls-completed grades 3-7
When: Mon & Tues 1:00-3:00pm
Where: Area Golf Course
Bring: golf balls, clubs, & tees
Fee: \$45.00 per participant
includes green fees; must provide own transportation to and from the golf course

Parents: sign your child(ren) up according to their 2018-2019 school year grade for all summer rec activities.



Soccer Ages 4-5 yrs

Who: Boys & girls who are 4-5 yrs old
When: Tues & Thurs 10-10:45am
Where: Carr Recreation Field
Bring: Shin guards, cleats or running shoes & a labeled soccer ball
Fee: \$20.00 per participant

Soccer Grades K-2 & 3-5

Who: Boys & girls-completed grades K-5
Practices: Mon-Thurs 8:30-9:45am
Games: Fridays at 8:30-9:45am
Where: Carr Recreation Field
Bring: Shin guards, cleats or running shoes & a labeled soccer ball
Fee: \$40.00 per participant

Soccer Boys Grades 6-9

Who: Boys-completed grades 6-9
When: Mon, Wed, & Fri 10-11:30am
Where: Carr Recreation Field
Bring: Shin guards, cleats or running shoes & a labeled soccer ball
Fee: \$40.00 per participant

Youth Run Club



Who: Boys & girls-completed grades 4-5
When: Mon & Thurs 8:00-9:30am
Where: Pelican Rapids High School track
Bring: Running shoes & paper tablet
Fee: free

If you enjoy running and working hard, this is for you. We will learn all about running as well as how to fuel our bodies before, during and after exercise. We will also have fun learning the basics of nutrition, cooking skills and making healthy snacks. As a participant, a positive attitude, goal setting and hard work each and every day is a must. We will do a warm-up, stretching, run or endurance

activity and cool down during each session. Comfortable running shoes and a paper tablet are also needed for every session. **If you have questions, please contact Pelican Rapids Youth Run Club Director:** Jackie Larson at 218-329-5752. Jackie is a SNAP-Ed Nutrition Educator with the University of Minnesota Extension

Summer Rec Program

Registration & Payment
Please register for all activities so we can plan and staff accordingly. We encourage you to register and pay using our new online option: www.pelicanrapids.k12.mn.us click on the 'Summer 2019' tab
Registration deadline
Wednesday, May 15 (if possible)

Summer Rec Fees
• Our fees have been adjusted to cover the the resources required to provide these activities (especially transportation).
• If your family qualifies for free or reduced meals, each activity fee will be reduced by \$10. If these fees are a hardship for your family please contact Becky Wontor at bwontor@vikes.us or 218-863-5910 ext 4250.
• Refunds will only be given if an activity is cancelled due to low numbers.

Updates & Communication
TEXT ALERTS via Remind 101
Remind 101 information will be sent home and/or posted at a later date
FACEBOOK UPDATES
Soccer: follow the PRUSA page
Other Activities: follow the Pelican Rapids Summer Rec* page *new FB page will be active by end of May

Important dates
No programming on July 4-5
Questions
SUMMER REC ACTIVITY COORDINATORS
• John Peter, Soccer
701-212-6084 or jopeter@vikes.us
• Andy Rarick, all other activities
701-215-1330 or ararick@vikes.us

COMMUNITY ED/SUMMER REC PROGRAM COORDINATORS
• Cary Haugrud
218-205-5745 or chaugrud@vikes.us
• Becky Wontor
218-863-5910 x4250 or bwontor@vikes.us
Summer Activity Scholarship Program

If you would like to contribute financially to enable children with financial difficulties to attend a summer program please contact Becky Wontor



Minnow Races check local listings for details

KIDS GOLF CAMP BEGINNERS & INTERMEDIATE

BEGINNERS:	INTERMEDIATE:
<ul style="list-style-type: none">Learn how to hold clubsLearn how to use clubsLearn rules & etiquetteClubs/balls & tees providedMeet new friendsIncludes round of golf	<ul style="list-style-type: none">Practice driving, putting and chipping with experienced golfersImprove your skillsIncludes round of golf

Summer 2019
Where: Lida Greens Golf Course
When: Wednesday, June 5th
Time: 10:00 am – 3:00 pm
Cost: \$30 (\$5 sibling discount available)
Ages: First grade – Fifth grade
Includes: Lunch & Snack

Call Lida Greens at 218-863-1531 to reserve your spot today!



Address: Hwy 108, Five miles East of Pelican Rapids, MN on Lake Lida.
NOTE: Payment for this camp is due at time of registration. We accept all major credit cards, personal check or cash. Parents will be required to provide contact phone numbers, information on allergies and meds (if required) and insurance coverage at registration. Sibling discount will be applied upon request at registration.
Weather: In the event of rain, the camp will be held on Thursday, June 6th.



Annual 5K and One Mile Kids Run

The annual 5K and 1 mile kids run is on Saturday, June 29th starting at 7:30am at the Chauncey Martin Field. This is a fundraiser for the boys and girls cross country teams. Medals are awarded to the top three males and females in each age category. All kids who participate in the one mile fun run will receive a medal. Contact Amanda Guler at 651-503-2512 for more information or to register.



Story time
Mondays 10:30am
PreK & up!

Pelican Rapids Public Library

218-863-7055
www.pelicanrapids.lib.mn.us
Facebook: Pelican Rapids Public Library

Youth Enrichment sponsored by Community Education

Theatrical Camp

Dancing with the Olympians

A play by Lavinia Roberts

Directed by Abby Mooney

Grade in Fall 2019: 4th-10th

Dates: Sunday, Aug. 4th-Friday, Aug. 9th

Fee: \$25

Limit: 30 kids

Location: PRHS Fine Arts Auditorium (enter door #1) kids already at school activities or Club Vikes will be escorted to the auditorium by staff.

Hold on for a hilarious spoof on the popular television show, Dancing with the Stars. Instead of Hollywood's elite competing on Dancing with the Olympians, Greek gods and goddesses boogie and swirl their way to the top. Hosted by Hermes, messenger of the gods and trickster, the show's judges are the nerdy and prudish Athena, goddess of wisdom, accompanied by her close companion, the cheerleading goddess of victory, Nike, surfer dude Poseidon, god of the ocean, and motherly Hestia, goddess of the hearth and home. Although a dancing competition, relatively little dancing happens. Dancing with the Olympians is a zany comedy full of fun, over-the-top characters and provides an excellent way to learn about Greek mythology.

Kids will enjoy an introductory theater experience in this 5 day practice-to-production show. We will work on developing strong speaking skills, lively stage-presence, and a love for theater. This week will be filled with teamwork, creativity, and lots of fun for all!

Auditions:

Sunday, August 4th 4-6:00pm OR Monday, August 5th 11-12:00pm

Kids will only need to come to one of the audition times.

Practice: Mon, Aug. 5th-Thurs, Aug. 8th 1-5:00pm

Dress Rehearsal: Friday, August 9th 2:00-6:00pm

Food will be provided between the dress rehearsal and the performance.

Performance: Friday, August 9th 7:00-7:45pm

This program is being offered through Community Education



Pelican Rapids Youth Garden for Foodshelf Project

Eighth graders Janae Laferriere, Sylvia Pesch, and Eva Rustand are organizing a youth-run garden for the summer of 2019. All vegetables will be donated to the Pelican Rapids Food Shelf.

The PRHS students will be implementing a "share the work" system, which means that the various youth organizations that volunteer will take turns weeding, watering, and harvesting the garden. While they have already received a 4H grant, they are still looking for more groups to volunteer. For additional information or if interested in volunteering, contact Maree Pesch at lidafarmer@gmail.com or Cary Haugrud at chaugrud@vikes.us .



Pelican Rapids Fishing Team

Any student in grades 7-12 in the **2018-19 school year** is eligible to be on the team.

SEASON: May 2019 to August 2019

• Thursdays from 6:00pm-8:30pm

FISHING TEAM MISSION

- 1. Learning & Teaching**-provide opportunities for team members to expand their overall fishing techniques, boating safety knowledge, leadership, problem solving, and public speaking skills. (i.e. club meetings, clinics, etc.)
- 2. Volunteering**-provide opportunities to serve the community and youth with a focus on teaching new anglers.
- 3. Conservation**-provide opportunities to raise environmental awareness, demonstrate fishing ethics, and participate in conservation efforts. (i.e. watershed cleanups, fish stocking)
- 4. Competition**-provide opportunities and encourage participation in youth fishing tournaments.
- 5. Create a lifelong angler.**



HEART O'LAKES FISHING

LEAGUE SUMMER SCHEDULE

(Lake - TBD)

- June 13 • June 27
- July 11 • July 25
- Aug 1 (make-up date if needed)
- Aug 10 Championship

REGISTRATION FEE: \$50.00

(\$25.00 Heart O' Lakes League/
\$25.00 Student Angler Federation)

Contact Steve Maresh at 863-5910
extension 4389 for more information

REGISTER ONLINE:

Go to: www.pelicanrapids.k12.mn.us
click on 'Summer 2019' tab

This program is being offered through Community Ed

Summer movie nights in the park

Article excerpts courtesy of The Pelican Rapids Press

Movies under the starlight will be a Pelican Rapids feature this summer. June and July dates are being explored for family movie nights, at the Veterans Memorial Park on the west side of downtown.

The park movie night is an extension of the successful family movie series hosted over the school year at the Fine Arts Auditorium.

Educational and art activities were included in the four movie night programs held during the school year which attracted crowds as large as 300, reported Rudy Martinez, at a recent Pelican Rapids Rotary Club meeting. So successful were the events, that Community Education Coordinator Cary Haugrud said the movie nights drew the largest crowds ever for Community Ed offerings.

"We adapted it from movie nights in the parks in the Twin Cities," said Martinez, adding that it promoted family time, education and art—along with the film. "We have such a beautiful new auditorium, why not use it."

The educational component was coordinated by Kate Martinez, who developed lesson plans for each evening. Themes for movies included personal heroes, and an ethnic theme movie, celebrating Mexican culture. Interestingly, the movie "Coco" takes place in a part of Mexico where many families of Pelican's Hispanic community are originally from.

"The church depicted in the movie is very similar to the church in that region of Mexico," noted Rudy Martinez. "The kids and families really identified with it."

For the pollution-themed event earlier in the winter, kids also made a pledge for what they could do for the environment, noted Rudy Martinez.

Kids created greeting cards for the residents

at the Pelican Valley Senior Living center. Cards were also hand-crafted for students at an elementary school in Florida, who were impacted by Hurricane Michael.

For the final movie of the season, in March, the educational thrust was "empathy," with a movie that reflected the theme.

Following the success of the school year movies, a proposal from park board member Amy King, to extend the program into the summer was warmly received by the Pelican Rapids City Council. "We're looking for more opportunities to get people into our parks," said King.

"I attended one of the school movie events, and I was impressed with the turnout," noted Councilman Steve Foster.

Motion pictures in the park will be a collaborative effort between the Pelican Rapids City Council, the Parks and Recreation Board and Pelican Rapids Community Ed.

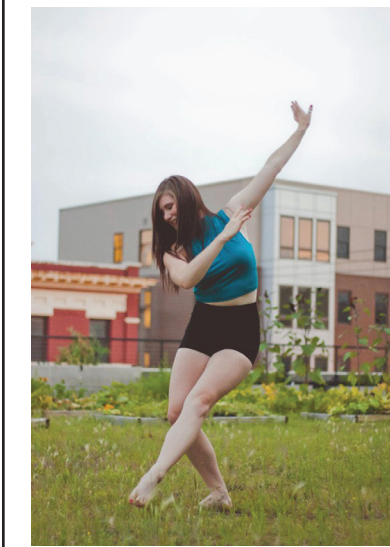
Estimated costs for each outdoor movie event were \$500, and the city council voted unanimously to allocate \$1,000 to the program. Veterans Park is proposed for the films, because of the sloping, amphitheater-like hill overlooking the park and the Pelican River.

The Pelican Rapids Public Library will also open restrooms for the evening, noted King. Concessions are also being considered for the outdoor movie nights.

"Our main goal is to bring community members together to enjoy time in our beautiful parks...building wonderful safe experiences," said Kate Martinez.

Special equipment, including an inflatable big screen, will be set up by Otter Tail Telcom for the outdoor movie nights.

Tentative dates set by the Pelican Rapids Parks and Recreations Board are: Friday, June 21 and Friday, July 26.



Want to jump into next dance season inspired, strong, confident, and a step ahead?

A well-rounded dancer studies a wide-range of styles to inform their technique. This course will feature two weeks of ballet technique followed by two weeks of contemporary and improvisation. Finishing with choreography and a dance film project at a site specific location. This program is designed to challenge the dancers physical capabilities through proper technique. Beyond that, these styles of dance will expand the dancers creative mind, allowing them to embody more expressive movement qualities.

2019 Summer Dance Training

Intro to Ballet 3 week ballet program (6 classes)

Special Session!

Who: dancers going into 7th-9th grade

When: Mondays & Wednesdays 6:30-7:30pm

June 10-June 26

Fee: \$75.00

Intermediate/Advanced 6 week program (12 classes) plus a digital and DVD copy of the final dance film project.

Who: dancers going into 10th grade and above

When: Mondays & Wednesdays 7:45-9:00pm **June 10-July 24**
(except 4th of July week)

Fee: \$180.00

Not sure what level your dancer is at? Let's talk!

All classes are held at the PRHS Valhalla. Enter through door #7.

NOTE: Ballet shoes are highly recommended but not required.
No loose or baggy clothing please.

Email Alyssa Berube at aberube15@gmail.com with questions.

Thank you for considering this next-level investment for your dancer!

Learn more about Alyssa & her teaching philosophy at alysasjewell.net

This class is offered through Community Ed. Registration and payment information can be found on website: www.pelicanrapids.k12.mn.us click on 'Summer 2019' tab



More opportunities for summer fitness and learning!

Summer School Grades 7-8 Credit Recovery Grades 9-12

June 3th - June 27th Monday-Thursday
8:00am-12:00pm

Classes will be held at PRHS (use west door #8)
Free breakfast and lunch available
Summer Food Service Program

Information will be mailed home to parents
(no registration required)

There is no transportation provided

Questions: call Lauren Siebels, School Counselor
at 218-863-5910 extension 4036

The Driver
Education
classroom
program is
part of the
9th grade
curriculum
at the Pelican
Rapids High
School offered



during the school day. This class prepares students for their instructional permit. After completing a minimum of 30 hours of classroom instruction, the student will be issued a blue card.

Once a student has turned 15 and completed the classroom instruction earning a blue card, they are ready to take and pass the state permit test. Students registering for the permit test must provide: one primary ID, one secondary ID and the blue card. Primary ID options: state issued ID, current passport or state certified birth certificate. Secondary ID options: Social Security card, student ID with picture and ID number, or certified school transcript. Upon passing permit test, paying the fee and parent/guardian signature, students receive their permit.

Students must have a permit before they can start behind-the-wheel instruction which began in late April. Students have had the opportunity to sign up with the drivers education teacher at the high school. They are asked to provide contact information and a schedule is arranged. Once they have finished 6 hours of driving and paid the \$275 fee, they will be issued a white card. Behind-the-wheel instruction must be completed by the second week of June due to vehicle and instructor availability.

Minnesota law now requires drivers to have a permit for six months before taking the road test. Every driver under the age of 18 who completes behind-the-wheel instruction and is testing for a provisional driver's license must submit an official driving log (obtained from website or Mrs. Evenson) with details of their behind the wheel practice of 40 or 50 hours (depending if a parent attended the spring meeting on April 24).

This program is available for Pelican Rapids students who are enrolled in our program and have obtained their learners permit. Please contact Denise Evenson at the Pelican Rapids High School for more information at (218)863-5910 x4040 or devenson@vikes.us.

ADULT BASIC EDUCATION

WHAT
ESL - ENGLISH AS A SECOND LANGUAGE

WHEN
• Mondays 11:30-2:30pm and 5:30-8:30pm
• Tuesdays 11:30-2:30pm and 5:30-8:30pm
• Thursdays 11:30-2:30pm

WHAT
CITIZENSHIP CLASSES

WHEN
• Wednesdays 11:30am-2:30pm and 5:30-8:30pm

If no students arrive within the first 30 minutes of class, the teacher has been instructed to leave and close the classroom.

WHERE
Pelican Rapids Public Library
25 West Mill
Pelican Rapids, MN 56572

AGES 17 AND
OLDER

STUDY
CITIZENSHIP

PREPARE FOR
WORK OR
COLLEGE

COMPUTER
LITERACY
SKILLS

LEARN
ENGLISH

CONTACTS
Stephanie Drange
218-632-2450

Teacher:
[Cheri Danielson](mailto:cheridanielson@yahoo.com)
cheridanielson@
yahoo.com
218-863-1181

Stop by the library
today!

Updated 2-19-19

PRHS SUMMER WEIGHT ROOM PROGRAM GRADES 7-12



Organized, structured, and supervised program to enhance speed, strength, and agility of our athletes.

May 28th - August 8th
(except for the week of July 4th)

Monday - Thursday
7:00 am, 8:00 am OR 9:00 am

Cost: \$60.00 per student (\$100/family max)

Free t-shirt is earned for 75% attendance.

Sign-up forms are available in high school office.

Call PRHS office 218-863-5910 with questions.



Make the start of the summer of 2019 legendary by participating in the 26th annual Shada 3 on 3 Basketball tournament.

Pelican Rapids, "The Lakes", vacation, Zorbaz and the Shada have all been linked to summer time fun for almost three decades. With over 270+ teams participating in each of the last few years, the tournament has proven to not only be fun but also a highly competitive event.

The Shada has divisions for both boys and girls at all of the following levels:

Friday, June 7th – Elementary Tournament for grades 3rd, 4th, 5th and 6th of the current school year
Saturday, June 8th – Female Tournament for 7th, 8th, 9th, 10th Varsity and Post High Women
Saturday & Sunday (June 8 & 9) – Male Tournament for 7th, 8th, 9th, 10th Varsity, Post High Men and College Men

For more tournament information and registration form: www.shada3on3.com OR Contact Doug Brugge-man at brugdoug@loretel.net or call 218-329-7521.

7 Habits of Highly Effective People®

- 1 - Be proactive (you're in charge)
- 2 - Begin with an end in mind (have a plan)
- 3 - Put first things first (work first, then play)
- 4 - Think win-win (everyone can win)
- 5 - Seek first to understand, then to be understood (listen before you talk)
- 6 - Synergize (together is better)
- 7 - Sharpen the saw (balance feels better)

7 Habits of Highly Effective People® by Stephen Covey



Al Siegle
Activities Center
enter west door #7

SCHOOL YEAR HOURS:

Saturday-Sunday 5:00 - 9:00pm

Wednesdays 6:30 - 9:00pm

ends Sunday, May 19th

SUMMER HOURS:

Monday - Thursday 6:00 - 9:00pm

starts May 28th - July 25th

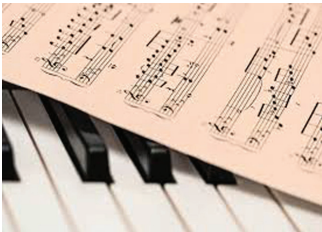
Piano and/or Voice Lessons

for all ages
and stages

**Wednesdays,
June 5-July 24**

\$25 per
half-hour lesson

Contact Lori Paakh to schedule a lesson time
at 701-429-3357



Awesome Porch on a Budget



Join us for a morning of demos, creative ideas, DIYs for your summer outdoor living spaces!

When: Sat, June 15 from 9am-12pm

Location: downtown Pelican Rapids

Yoga on Lida

Come and join us on Lake Lida this summer for YOGA! Classes will be 'pop up', and listed on the Facebook page "Yoga on Lida". Be sure to like the page to get updates per week! All levels for every class! Styles will include vinyasa flow, ashtanga, hot, and gentle! BYOM (Bring your own mat), and come join us!!

Instructors

Melissa Terry and Tami Seifert
200RYT certified

When

June, July & August

Classes will be 'pop up' & listed on "Yoga on Lida" Facebook page



Location

25896 Lida
Shores Loop
north side of
Lake Lida/off Cty 4

Class fee: \$10
no registration
required



Connect with us for additional
summer opportunities & summer
program updates:

Pelican Rapids Community Education



Community Partnerships

Whenever Anyone
Enters here, we strive to have them
Leave feeling Respected and
Cared for as an Individual.
Our goal is to help them
Make each day
Even better than the last.



The Welcome Place contact information

Phone: 218-863-2260

E-Mail: welcome26wmill@gmail.com

Website: www.welcomplacepr.org

Facebook: The Welcome Place, Pelican Rapids, MN

Mailing Address: P.O. Box 431, 26 West Mill, Pelican Rapids, MN 56572

The Welcome Place Free Lunch every Tuesday from 11:30-1:30pm

Every Tuesday, The Welcome Place hosts a fellowship dinner from 11:30 to 1:30 p.m. for anyone who walks through our doors. These meals are provided by generous volunteers from the community such as churches, businesses, families and friends; the meal typically consists of hot soup and a sandwich in the winter months and a lighter salad and sandwich in the summer.

We have seen a variety of meals that have been delicious and sometimes unique. The food is always good and the fun conversations and laughter are wonderful. Everyone is so friendly and it always amazes us how fast the two hours go; some people come for 10 minutes and others stay for the entire time.

The Welcome Place 2019 Mission

Strengthen community relationships and improve the health and well-being of people.

The Welcome Place 2019 Vision

Pelican Rapids area is a healthy harmonious community where all are valued and basic needs are met.

The Welcome Place Staff

Julie Morgan,
Outreach Coordinator

Email: juliemorgan4092@gmail.com

Julie greets those that enter our doors and coordinates the Tuesday Fellowship Luncheons and other various support programs.

Kathy Jordahl, RN,
Faith Community Nurse

E-Mail: welcome26wmill@gmail.com

Kathy provides counseling, education and referrals for health and emotional needs for anyone in the community.

The Welcome Place Dementia Friends Class

You will learn what dementia is and tips for communicating with people who have dementia including the 5 key messages about dementia, what it's like to live with the disease and how to support people living with dementia. Who should attend? Healthcare and service providers, community member/groups, churches, law enforcement and EMT services.

Facilitator: Kate Storhaug, Aging Program Developer,

Dancing Sky Agency on Aging.

When: next class TBD

Location: The Welcome Place (26 West Mill Street)

Class Fee: no fee

What We Do by Katherine Jordahl, RN

We work with all age groups and no one is turned away. If someone needs kindness, they will find it when they walk through our doors. We minister to people in need by doing our best to fill that need.

We can make connections to services that people would otherwise not know about. The needs that are addressed most include medical, spiritual, food, clothing, housing, job information, life skills, referral services to other agencies, and caring conversations. We try to meet those needs on a one to one basis.

We also try to bring relevant education classes to our community.

Dementia Friends Minnesota, a class to help community members learn about dementia and tips for communicating with people who have dementia, is the class presently being offered. It is scheduled for April 30, with 2 sessions available. (see information elsewhere in newsletter).

Other classes have included Hands only CPR, Living Well with Chronic Conditions, Healthy Living, Grief Support Group, Sewing for English Learners, and Caring for Caregivers.

Because we would like to continue to help meet the needs of community members, we are open to suggestions for future classes. Suggestions made have included Cell Phone Use Hints, Basic Computer Tasks, How To Use Facebook, Ethnic Cooking, and a Book Club.

We appreciate the opportunity to work with anyone who comes in here. If you have any questions, call or contact us via any other media.

A Word from Our Board by Chair Gerry Langseth

Welcome Place has a vision of a healthy, harmonious community where all are valued and basic needs are met. We define that community as residents of the entire Pelican Rapids School district and beyond. Many recognize that if lake, rural, and city residents work together in a collaborative, cooperative manner we can build a safe, strong, thriving, inclusive, multi-cultural, rural community of which we can all be proud.

During the next two years Welcome Place will increase their focus on breaking down barriers and making connections to help area residents feel they are welcome, belong to, and have a responsibility for our community's future. Would you like to join us in that effort? Contact Welcome Place Chairman Gerry Langseth. PO Box 431, 315 East Mill, Pelican Rapids, MN 56572 or E-mail llseth@loretel.net.

The Welcome Place Upcoming Fundraising Opportunities

• **6/22 International Friendship Festival** - Welcome Place will have a table for bake sale, tile sale and information.

• **6/28-29 Pelicanfest** - Welcome Place will have a table for bake sale, tile sale and information.

• **7/27 Pelican Rapids Art in the Park / Salad Luncheon at Trinity Lutheran Church** – Welcome Place will have a booth in the park and we are selling tickets for the salad luncheon in the park and at the church.

• **8/17 Shoe, Cano & Bike Event at Cormorant Daze**

– Goodwill donation will go towards the Welcome Place.

Pelican Rapids Volunteer Bicycle Repair behind Stand's Hardware Mondays, 9-12:00pm, April 22 through May 20.

This is an idea ministry started by the Jeff McCracken, Van Holmgren, Glenn Moerke and Jim Jordan.

We hope to involve more community organizations including PRAY, Scouts, etc. For more information contact Jeff McCracken at 701-388-5843.



One Vegetable One Community

Plans are underway for the One Vegetable One Community healthy eating initiative. At the initial meeting, the vegetable chosen was rainbow carrots. As in other years, seeds will be available at a variety of places. For more information, contact Jackie Larson at 218-998-8760 or Kathy Jordahl at The Welcome Place 218-863-2260.

Come grow with us! by Julie Tunheim

Gardeners will again have two options this year at the Pelican Rapids Community Garden. Secure a plot for yourself and your family or join others in a "gardening together" option.

A few new gardens are available for people interested in growing vegetables this summer. Five new plots are planned, making a total of 34 plots, each measuring 26 x



30 feet. Last year's gardeners have first dibs on their old gardens and gardeners have access to water, hoses and some basic garden tools. Each gardener is responsible for planting, weeding and harvesting his or her crop and for keeping the area tidy. Fall cleanup is expected

to be complete two weeks after the first hard frost. A \$20 donation helps cover costs.

The group gardening option is a fun opportunity to make new friends, share gardening knowledge and grow terrific fresh food. The group meets twice a week to plant, weed, water and harvest vegetables. All levels of experience are welcome, from beginners to those with years of gardening knowledge.

Janet Lindberg, who coordinates the group garden, says its mission is to create a safe space for community members to meet new friends and grow healthy food and relationships. The communal nature of the garden divides up the work and the harvest equally.

One of the best things about the group garden is the flexibility, says Julie Tunheim, one of last year's gardening together participants. "Responsibility is shared, so the garden survives and even thrives when you can't be there for a week!"

Gardeners are encouraged to donate their extra produce to the local food shelf, which accepts donations throughout the season.

Janet Lindberg is in charge of the gardening together group and has set Monday, 5 p.m., and Friday, 8 a.m., for group gardening, but the schedule can be adjusted to participants' schedules. Call or text her at 218-731-9224. "Gardening offers fresh food, good exercise and new friends," said Tunheim, community garden coordinator. Contact her at 218-849-1426 or stop by the Pelican Rapids Public Library for more information and to secure a plot.

PRHS Open Mic Night

Sunday, June 2

7:00 p.m.

Are you a comedian? A musician? Showcase your talents!

- Bring your instrument!
- Sing up to 3 songs!
- Make us laugh for up to 10 minutes.
- Contact Christopher Hovden (218-731-7895 or shovden01@gmail.com) for more information.

Sponsored by Community Education



PELICAN RIVER
FREE KAYAKING
TRY IT OUT!!!
ALL PADDLERS WELCOME!!!
E.L. Peterson Park (Mill Pond)
FREE!
Friday June 21st. 3:00pm to 6:00pm
All Experience Levels Welcome. Equipment and Instruction Provided. Come Give It A Try

THE EVERLY BROTHERS EXPERIENCE
FEATURING **THE ZMED BROTHERS**
Friday, August 16th
at 6:30pm
Pelican Rapids Fine Arts Auditorium
Tickets \$20
Available for purchase at Larry's Super Market
218-863-5750
All proceeds go towards the Pelican Rapids Fine Arts Auditorium Project

Summer events



HIGH SCHOOL NEWS

By Brian Korf, High School Principal



As I look back on the 2018-19 school year, I feel honored to be part of a school community that is so supportive of all students. It has been a great school year at Pelican Rapids high school and has been fun to watch our students succeed in academics, fine arts, and athletics.

This spring has been busy with Minnesota Comprehensive Assessments. Students and staff have been working hard to prepare for the tests.

We look forward to evaluating the results and identifying areas of strength and areas of improvement.

As we near graduation, I would like to thank the seniors and their families as it has been a pleasure to work with every senior at PRHS. Congratulations to all of our seniors and I wish them the best of luck in the future.

As summer is near, we encourage students to continue to read books, magazines, and newspapers over the summer. Reading over the summer will help students improve their reading skills and comprehension. Summer time is a great time to read for enjoyment in the sunshine or the air conditioning.

Thank you for a great school year and I want to thank you for sharing your child with us during the 2018-19 school year!

PRHS SPORTS AND ACTIVITIES

By Derrick Nelson, Assistant Principal and Activities Director



Registration night for the 2019-20 school year fall sports will be on Monday, August 5 at 7:00pm in the Leaders Gymnasium. Students and parents are encouraged to arrive early to fill out required paperwork.

Fall sports practices begin on Monday, August 12 for Volleyball, Cross-Country, and Soccer. The starting date for football will either be August 5 or 12, at this time we do not know the exact date because of changes to our schedule.

Students who participate in MSHSL activities are required to have a physical every three years. **If you need a physical please make sure that you schedule an appointment for June or July.** Students who do not have a physical will not be able to practice until we have a current physical on file.



A group of 19 7-12 grade students took a bus to Mendota Heights on Saturday, April 27 for the Twin Cities teen lit con. The purpose of this day is to celebrate

teen literature, promote reading and writing, and to create a community of readers by connecting teens and authors. *Teen Lit Con is brought to you by your metro public libraries, with funding from a Legacy Amendment Grant, Sibley High School, and other AMAZING partners.*

Florida Choir Trip Highlights included Disney Performing Arts Workshop where our choir created a sound track with sound effects to go with portions of the Lion King movie, Melbourne Beach, the Blue Man group performance. And the last day of the trip was great when the temperature was about 80 degrees and we went to Animal Kingdom!



AT PRHS EVERYONE IS A LEADER AND EVERY LEADER VALUES INTEGRITY, SHOWS RESPECT AND ACTS RESPONSIBLY

Pelican Rapids School District #548
310 S Broadway, PO Box 642 Pelican Rapids, MN 56572
www.pelicanrapids.k12.mn.us
218-863-5910

School Board Members:
Brittany Dokken, Mike Forsgren, Jon Karger, Greg Larson, Brenda Olson, Anne Peterson

Student Representatives:
Logan Petznick, Grace Peterson

3rd Annual Celebration of Cultures Event

By Emily Thompson, Event Coordinator

This year was the 3rd Annual Celebration of Cultures event held at Pelican Rapids High School. The event was held on April 27th, 2019 where female student's grades 9th-12th dressed in formal attire to come together and celebrate each other's cultures. The evening began with the young women gathering to share together in a meal catered with a variety of Somali, Hispanic, and American foods.

Following dinner, dessert, and prizes, the women listened to a speaker. This year's speaker was Allie Thompson, a graduate of 2018. Her message was to empower women, to lift each other up and to embrace the differences that we are so fortunate to have here in Pelican Rapids. The ladies cheered to the toast as the first beat to the music dropped where they danced the night away.

Important Dates and INFORMATION

Senior students and parents

UPcoming EVENTS

Friday, May 17th

- Awards program students grades 9-12 at 8:00am
- Graduation gown fitting at 9:00am
- Mandatory graduation rehearsal at 9:45am

Baccalaureate

May 19th at 7:00pm

Fine Arts Auditorium (east door #17 or elevator entrance west door #15)

Graduation Ceremony

May 24th at 7:00pm

Leaders Gymnasium (west door #7)

PRHS Summer Band Lessons will have a \$25.00 fee per student.

Hear The Arts Pelican Rapids Fine Arts Auditorium Project

The Fine Arts Auditorium Project continues to raise funds for completing what is lacking, due to budget cuts, in this otherwise magnificent facility. The goal is a state of the art acoustic orchestra shell, a grand piano (to go in the climate-controlled room awaiting it), more microphones for music and drama productions, and an ongoing fund to maintain the Fine Arts equipment.

Presently we have raised about one third of our goal, with some ambitious projects planned for the summer and fall. If you consider the fine arts an important part of school and community, please consider giving generously to this project. We are also looking for more interested folks to join our team.

Visit the **Pelican Rapids Fine Arts Auditorium Project** Facebook page for details.

Newly completed donor wall in the Fine Arts Auditorium

Orientation for incoming 7th grade students will be held on **Wednesday, August 28**. Check our website for more detailed information closer to the event at www.pelicanrapids.k12.mn.us.

September 2019					17	October 2019					18
M	T	W	Th	F		M	T	W	Th	F	
2	3	4	5	6			1	2	3	4	
9	10	11	12	13		7	8	9	10	11	
16	17	18	19	20		14	15	16	17	18	
23	24	25	26	27		21	22	23	24	25	
30						28	29	30	31		

- Tuesday, Sept. 3rd** first day of school
- Monday, Sept. 9th** school in session
- Monday, Oct. 14th** school in session
- Thursday & Friday, Oct. 17th-18th** no school